

**Indira Gandhi National Open University**  
**Regional Centre Bhopal**  
**Academic Counseling Schedule for**  
**Diploma in Nutrition and Health Education (DNHE) Online Programme**  
**(July 2025 session learners)**

Date	Time (IST)	Course Name & Course Code	Blocks (Section) to be Covered	Academic Counsellor	Google link
22/12/2025	06.00pm to 08.00pm	<a href="#">DNHE- 01 Nutrition for the Community</a>	Block-01	Dr. Amita Singh	<a href="https://meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
23/12/2025	06.00pm to 08.00pm		Block-02	Dr. Amita Singh	<a href="https://meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
24/12/2025	06.00pm to 08.00pm		Block-03	Dr. Amita Singh	<a href="https://meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
25/12/2025	06.00pm to 08.00pm		Block-04	Dr. Amita Singh	<a href="https://meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
26/12/2025	06.00pm to 08.00pm		Block-05	Dr. Amita Singh	<a href="https://meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
27/12/2025	06.00pm to 08.00pm		Block-06	Dr. Amita Singh	<a href="https://meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
28/12/2025	06.00pm to 08.00pm	<a href="#">DNHE-01 Practical Manual</a>	01 to 03	Dr. Amita Singh	<a href="https://meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
29/12/2025	06.00pm to 08.00pm		04 to 06	Dr. Amita Singh	<a href="https://meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
01/01/2026	06.00pm to 08.00pm	<a href="#">DNHE- 02 Public Health and Hygiene</a>	Block-01	Dr. Nandita Thakur	<a href="https://meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
02/01/2026	06.00pm to 08.00pm		Block-02	Dr. Nandita Thakur	<a href="https://meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
03/01/2026	06.00pm to 08.00pm		Block-03	Dr. Nandita Thakur	<a href="https://meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
04/01/2026	06.00pm to 08.00pm		Block-04	Dr. Nandita Thakur	<a href="https://meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>

05/01/2026	06.00pm to 08.00pm		Block-05	Dr. Nandita Thakur	<a href="meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
06/01/2026	06.00pm to 08.00pm		Block-06	Dr. Nandita Thakur	<a href="meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
07/01/2026	06.00pm to 08.00pm	DNHE-02 Practical Manual	01 to 03	Dr. Nandita Thakur	<a href="meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
08/01/2026	06.00pm to 08.00pm		04 to 06	Dr. Nandita Thakur	<a href="meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
13/01/2026	06.00pm to 08.00pm		Block-01	Dr. Harsha Bhatnagar	<a href="meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
15/01/2026	06.00pm to 08.00pm		Block-02	Dr. Harsha Bhatnagar	<a href="meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
16/01/2026	06.00pm to 08.00pm	DNHE-3 Nutrition and Health Education	Block-03	Dr. Harsha Bhatnagar	<a href="meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
17/01/2026	06.00pm to 08.00pm		Block-04	Dr. Harsha Bhatnagar	<a href="meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
18/01/2026	06.00pm to 08.00pm		Block-05	Dr. Harsha Bhatnagar	<a href="meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
19/01/2026	06.00pm to 08.00pm		Block-06	Dr. Harsha Bhatnagar	<a href="meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
20/01/2026	06.00pm to 08.00pm	DNHE-03 Practical Manual	01 to 03	Dr. Harsha Bhatnagar	<a href="meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
21/01/2026	06.00pm to 08.00pm		04 to 06	Dr. Harsha Bhatnagar	<a href="meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
22/01/2026	06.00pm to 08.00pm	DNHE-4 Project Work	I	Dr. Harsha Bhatnagar	<a href="meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>
23/01/2026	06.00pm to 08.00pm		II	Dr. Harsha Bhatnagar	<a href="meet.google.com/rqn-ofyt-wuo">meet.google.com/rqn-ofyt-wuo</a>